

“Life’s Been Good”

4 wall Improver line dance (32 counts)

Choreographer: Ria Vos, dansenbijria@gmail.com

Music: “*Life’s Been Good To Me*” Adam Brand

Album: Speed Of Life

Intro: 16 Counts

Side, Together, Side Rock-Point, Side Rock-Cross, ¼ R, ¼ R,

Cross

1-2 Step R to R Side, Step L Next to R

3&4 Rock R to R Side, Recover on L, Point R Across L

5&6 Rock R to R Side, Recover on L, Cross R Over L

7&8 ¼ Turn R Step Back on L, ¼ Turn R Step R to R Side, Cross L Over R (6:00)

Side, Touch, Side, Touch, Side, Sailor ¼ L, Crossing Samba,

Cross

1& Step R to R Side, Touch L Next to R

2& Step L to L Side, Touch R Next to L,

3 Step R to R Side

4&5 Step L Behind R, ¼ Turn L Step R Next to L, Step Fwd on L (3:00)

6&7 Cross R Over L, Rock L to L Side, Recover on R

8 Cross L Over R *****Restart Point**

Side, Back Rock, Side, Behind-Side-Cross, Side, Back Rock-Point

1 Step R to R Side

2&3 Rock Back on L, Recover on R, Step L to L Side

4&5 Step R Behind L, Step L to L Side, Cross R Over L

6 Step L to L Side

7&8 Rock Back on R, Recover on L, Point R to R Side

Back Rock-Side, Behind-Side-Cross, Side Rock, Kick, Cross, Side

Mambo

1&2 Rock Back on R, Recover on L, Step R to R Side

3&4 Step L Behind R, Step R to R Side, Cross L Over R

5& Rock R to R Side, Recover on L

6& Kick R Fwd, Cross R Over L

7&8 Rock L to L Side, Recover on R, Step L Next to R

Restart: On wall 3 After count 16 (9:00)

Option: On wall 2, 5 & 7 when he sings: ‘Stop, take a minute and breathe’ replace count 1-3 at section 2 with: 1-3 Step R to R Side, Hold for 2 counts, then continue with Sailor ¼ Turn L

