

That's the Only Way

Choreographers:

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Type of dance: 64 counts, 2 wall line dance

Level: Intermediate

Music: ***If that's the only way*** by Carina Dahl. Track length: 3.12 mins. Buy on iTunes

Intro: 16 counts from the beginning of the music (app. 8 secs. into track). Weight on L foot

1 restart: Happens on wall 5 (starts at 12:00), after 16 counts. Your restart also happens at 12:00 ☺

Note: This dance was choreographed at Judy Chen's event 'WOW Taipei 2015' in Taiwan

Counts	Footwork	Now facing
1 – 9	Big step back R, drag, ball step fwd R, walk fwd L, monterey ¼ R, behind side cross	
1 – 2	Step a big step back on R (1), drag L next to R (2)	12:00
&3 – 4	Rock quickly back on ball of L (&), recover fwd to R (3), walk fwd on L (4)	12:00
5 – 7	Point R to R side (5), turn ¼ R stepping R next to L (6), point L to L side (7)	3:00
8&1	Cross L behind R (8), step R to R side (&), cross L over R (1)	3:00
10 – 16	Hold, ball cross, ¼ L hitch, R cross, Hold, L ball side rock, L cross	
2 – &3	Hold (2), step R a small step to R side (&), cross L over R (3)	3:00
4 – 6	Turn ¼ L on L hitching R knee (4), cross R over L (5), Hold (6)	12:00
&7 – 8	Rock L to L side (&), recover on R (7), cross L over R (8) ... * Restart here on wall 7	12:00
17 – 24	Stomp, Hold, behind side cross into R diagonal, R rock fwd, R back lock step	
1 – 2	Stomp R to R side (1), Hold (2)	12:00
&3 – 4	Cross L behind R (&), step R to R side (&), turn 1/8 R stepping fwd on L (4)	1:30
5 – 6	Rock fwd on R (5), recover back on L (6)	1:30
7&8	Step back on R (7), lock L over R (&), step back on R (8)	1:30
25 – 32	½ L, Hold, syncopated step ½ L, 1/8 L sweep, syncopated R jazz box, walk fwd L & R	
1 – 2	Turn ½ L stepping fwd on L (1), Hold (2)	7:30
&3 – 4	Step fwd on R (&), turn ½ L stepping onto L (3), turn 1/8 L on L sweeping R fwd (4)	12:00
5 – 6&	Cross R over L (5), step back on L (6), step R a small step to R side (&)	12:00
7 – 8	Step fwd on L (7), step fwd on R (8)	12:00
33 – 40	½ L, hold, ball step, twist heels ¼ L, twist heels ¼ R, Hold, ¼ L ball cross, ¼ L back R	
1 – 2	Turn ½ L stepping onto L (1), Hold (2)	6:00
&3 – 4	Step R next to L (&), step small step fwd on L (3), twist both heels ¼ L this way turning ¼ R and rocking onto R foot and looking towards 12 o'clock (4)	9:00
5 – 6	Twist both heels ¼ R this way turning ¼ L and recovering fwd on L (5), Hold (6)	6:00
&7 – 8	Turn ¼ L stepping R to R side (&), cross L over R (7), turn ¼ L stepping back on R (8)	12:00
41 – 48	L back rock, shuffle ½ R X 2, ¼ R side L, touch R next to L	
1 – 2	Rock back on L (1), recover fwd to R (2)	12:00
3&4	Turn ¼ R stepping L to L side (3), step R next to L (&), turn ¼ R stepping back on L (4)	6:00
5&6	Turn ¼ R stepping R to R side (5), step L next to R (&), turn ¼ R stepping fwd on R (6)	12:00
7 – 8	Turn ¼ R stepping L to L side (7), touch R next to L (8)	3:00
49 – 56	Out R & L, Hold, ball cross, side R, L sailor ¼ L, rock R fwd	
&1 – 2	Step R a small step out to R side (&), step L a small step out to L side (1), Hold (2)	3:00
&3 – 4	Step R next to L (&), cross L over R (3), step R to R side (4)	3:00
5&6	Cross L behind R (5), turn ¼ L stepping R next to L (&), step fwd on L (6)	12:00
7 – 8	Rock fwd on R (7), recover back on L (8)	12:00
57 – 64	¼ R point L, Hold, ball point R, ¼ R hitch, R coaster step, L rock fwd, back L	
&1 – 2	Turn ¼ R stepping R to R side (&), point L to L side (1), Hold (2)	3:00
&3 – 4	Step L next to R (&), point R to R side (3), turn ¼ R on L and hitch R knee (4)	6:00
5&6	Step back on R (5), step L next to R (&), step fwd on R (6)	6:00
7 – 8&	Rock fwd on L (7), recover back on R (8), step back on L (&)	6:00
	START AGAIN	
Ending	Do the first 33 counts of wall 7, starts at 6:00. You're now facing 12:00 ... ☺ ☺ ☺	12:00