

# ***“No Chains”***

Intermediate 4 wall line dance (32 counts) with 1 Restart

Choreographer : Ria Vos (NL) [www.dansenbijria.nl](http://www.dansenbijria.nl)

Music : “*Independence Day*” by Gabrielle (Album: Rise)

Start after 40 counts just before vocals

## **Rock Fwd, Together, Pivot ¼ Turn R, Cross, ¼ Turn L, ½ Turn L, Rock Fwd, Diagonal Back-Lock-Back**

- 1-2& Rock forward on R, recover on L, step R next to L  
3&4 Step forward on L, pivot ¼ turn right, cross step L over R  
5& ¼ Turn left -step R back, ½ turn left –step L forward  
6-7 Rock forward on R, recover on L  
&8& Step R back to R diagonal, lock L in front of R, step R back to R diagonal

## **Side Rock, Together, Side Rock with ¾ Turn L, Rock Behind, ¼ Turn R, ¼ Turn R, Cross, Brush-Hitch**

- 1-2& Rock L to left side, recover on R, step L next to R  
3&4 Rock R to right side, ¼ turn left -recover on L, ½ turn left step R back  
5-6 Cross rock L behind R, recover on R  
&7 ¼ Turn right –step L back, ¼ turn right –step R to right side  
&8 Cross step L over R, brush R forward into a small hitch (this is a fluent movement)

## **Rock Behind, & Side Rock-Cross, Side, Rock Behind, & Side Rock-Cross, ¾ Turn R**

- 1-2 Rock R behind L (push R shoulder back), recover on L  
&3 Rock R to right side, recover on L  
&4 Cross step R over L, big step L to left side  
5-6 Rock R behind L (push R shoulder back), recover on L  
&7 Rock R to right side, recover on L  
&8 Cross step R over L, ¼ turn right –step back on L  
-continue turn with ½ turn right on L –hook R in front of L\*\*\*Restartpoint

## **Step Fwd, Rock Fwd, Coaster Step, Sweep ¼ Turn L, Cross, Side, Sailor ½ Turn R, Lock behind**

- 1 Step forward on R  
2& Rock forward on L, recover on R  
3&4 Step L back, step R next to L, Step L forward  
5-6 Sweep R into ¼ turn left –cross step R over L, step L to left side  
7&8 Step R behind L, ½ Turn R step L together, step R forward  
& Lock step L behind R

**Restart:** On 4th wall after count 24, Restart at count 1. (9:00)